

# Improving lives THROUGH supports and services THAT FOSTER Self-determination.

# MO Department of Mental Health (DMH) Division of Developmental Disabilities (DDD)

Supporting Individuals and Families

Presented by:

Lisa Nothaus, Supporting Families Lead, Division of DD Kara Ready, Advocacy Specialist, Division of DD

August 4, 2022



#### Introductions



- I am Lisa Nothaus
- I live in mid-MO
- I work at the Division of DD
  - Supporting Families Lead
- I am a parent





#### Introductions



- I am Kara Ready
- I live in mid-Missouri
- I am a parent of a child with DD
- I work at the Division of DD
  - Advocacy Specialist



### Agenda



- About the Division of DD
- Who the Division of DD Serves
- Navigating to DD Services



- Division of DD Program Areas
- Education & Learning
- Connect with the Division of DD

# About the Department of Mental Health (DMH)



Department of Mental Health (DMH)



- Comprised of three Divisions:
  - Administrative Services
  - Behavioral Health
  - Developmental Disabilities (DD)

#### Resource:

https://www.youtube.com/watch?v=ei1AKvkRgMg

#### About the Division of DD



#### Division of Developmental Disabilities (DD)

#### Vision:

"all people are valued members of their community"

#### **Mission:**

"to enhance the lives of people with disabilities"

#### Values:

Integrity
Dependability
Empowerment
Best Practice
Accountability
Effective Communication

#### Who we Serve



#### What is a Developmental Disability?

- Attributed to an intellectual disability, cerebral palsy, epilepsy, head injury, autism, or a learning disability related to brain dysfunction, or any other mental or physical impairment;
- Occurs before the age of 22;
- Is a disabling condition that is likely to continue indefinitely;

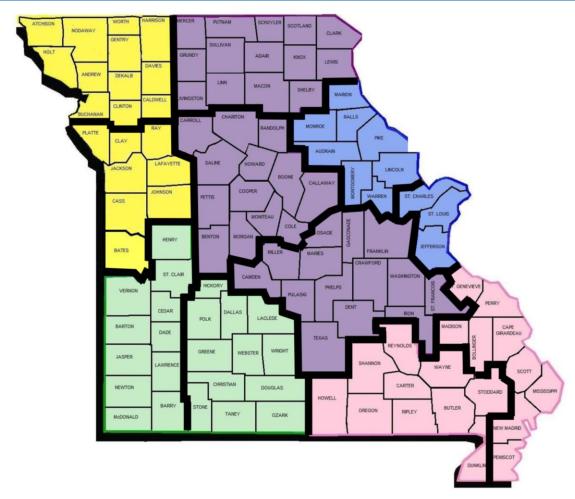
#### Who we Serve



- •Results in substantial functional limitations in 2 of the following six areas: self-care, receptive/expressive language, learning, mobility, self-direction, and capacity for independent living/economic self-sufficiency; and
- •Requires some level of habilitative training. (habilitative means learning new skills that help an individual to become more independent)

# Navigating to DD Services





https://dmh.mo.gov/dev-disabilities/regional-offices

# Navigating to DD Services



### Support Coordinators will help with:

- Reviewing support needs
- Identifying supports and services
- **Developing** a plan for supports
- Linking & referring to supports and services
- Monitoring supports and services

# Navigating to DD Services



### Home and Community-Based Waivers include:

- Comprehensive Waiver
- MO Children with DD Waiver
- Community Support Waiver
- Partnership for Hope Waiver

Resource: <a href="https://dmh.mo.gov/media/pdf/waivers-individuals-dd-fact-sheet">https://dmh.mo.gov/media/pdf/waivers-individuals-dd-fact-sheet</a>

#### Division of DD Focus Areas



- Employment First
- Technology First



- Positive Behavior Supports / Tiered Supports
- Autism
- Self-Directed Supports



#### Division of DD Focus Areas



- Self-Advocacy <u>Self-Advocacy | dmh.mo.gov</u>
  - Self-Advocacy Training through Charting My LifeCourse
  - Easy Readers
- Supporting Families <u>Supporting Families</u>
  - Community of Practice for Supporting Families
  - MO DDD & You Monthly Webinars
- Education & Learning Education | dmh.mo.gov
  - Training calendar/webinars
  - Relias Self-Registration portal
  - Podcast from the Directors Desk
  - "In the Loop" newsletter

#### Connect with the Division of DD



- Landing Page: Created for a broad audience.
  - Created for self-advocate, individuals, families and guardians, DMH staff, and provider agencies.
  - <u>Developmental Disabilities | dmh.mo.gov</u>
- Connect With Us!
  - <u>Social Media Connections | dmh.mo.gov</u>. Follow the Division of Developmental Disabilities on your favorite social media platform for information, resources, and timely updates.
  - Email updates

# Questions?







# Improving lives THROUGH supports and services THAT FOSTER Self-determination.

## Thank You

Division of Developmental Disabilities: 573-751-4054 - ddmail@dmh.mo.gov