Psychotropic Medication Advisory Committee Open Meeting Governor Office Building 200 Madison Street Room 316 Jefferson City, MO September 9, 2019 9:00 AM to 12:00 PM

Attending:

Committee Members -

Dr. Laine Young-Walker	Kristen Dickinson	Annika James
Dustin Cash	Dr. Christopher Bellonci (phone)	Nick Mebruer
Dr. Nathan Beucke	Dr. Josh Moore	Dr. Mark Roaseau
Dr. Maya Moody	Dr. Manuel Hernandez (phone)	Lisa Dryer
Carrie Bolm	-	

Others:		
David Kurt	Stacie Frueh	Ellen Haynes
Christy Collins	Mark Gutchen	Sharie Hahn
Julie Allen	Alyssa Bish	Whittney Davis
Bobbi Jo Garber (phone)	Michele Renkemeyer (phone)	Rebecca Rademan

Welcome & Introductions

- Meeting called to order at 9:03 AM by Stacie Frueh, Health Specialist Coordinator for Children's Division.
- Proposed to approve the agenda by Stacie Frueh. Motion to approve by Nick Mebruer. Seconded by Dr. Laine Young-Walker and approved.
- Introductions from attending parties.

Overview of Sunshine Law

Sharie Hahn, Special Counsel for Administration

- Overview of the Missouri's Sunshine Law, Chapter 610, RSMo.
- Email <u>PMAC@dss.mo.gov</u> was provided to participants for correspondence concerning the committee work.

Proposed Psychotropic Medication Settlement Agreement Overview

Mark Gutchen, General Counsel and Ellen Haynes, Special Counsel

- Committee will provide background reports and information as needed.
- Background information regarding allegations of the lawsuit provided.
- Review of Proposed Psychotropic Medication Settlement Agreement
 - o Training
 - Medication Monitoring
 - Medical Records
 - o Secondary Reviews
 - Informed Consent and Assent
 - o Psychotropic Medication Advisory Committee

- Data Validator
- Exit Criteria

Overview of Committee/Excessive Dosage Clinical Sub-Committee

David Kurt, Director, Christy Collins, Deputy Director and Stacie Frueh, Health Specialist Coordinator

- Discussion of Children's Divisions commitments moving forward.
- Review of July data for children in Children's Division custody.
- Board Members Questions
 - Children in residential facilities prescribed psychotropic medications easily.
 - Follow-up discussing how procedures have changed and continue to improve to prevent over prescribing
 - Assent in place to allow for children over 12 to decline medication
 - Explanation of how to review cases such as these
 - What is Prescriber's responsibility concerning informed consent?
 - Informed consenters have a form to complete to document the consent.
 - The guardian (Children's Division) is the consenter for children in Children's Division Custody.
 - Conversations regarding informed consent will be based on that child's specific case.
 - Importance of sharing of information regarding the child's current and past situations to get a full account of the child's needs
 - Connection to the correct support/individuals is critical.
 - PMAC responsibilities and development of clinical sub-committee
 - Overview of excessive dosage guidelines
 - Prescription guidelines
 - Children's Division will provide information and resources as requested by the PMAC

Break

Center for Excellence in Child Well-Being

Julie Allen, Director of Operations, Center for Excellence

- Overview of the Center for Excellence and contracted services offered
- The Center for Excellence does not prescribe medications nor do they give informed consent for the use of medications
- They do offer clinical recommendations based on the review of the child's records
- Written clinical recommendations are submitted to the case manager of the child being reviewed
- The Center for Excellence provides the Children's Division with monthly and quarterly reports
- The Center for Excellence also works with Older Youth in Children's Division custody consisting of:
 - o Educating Older Youth on how to advocate for their own rights
 - Advocating and supporting Older Youth around the State

Appointment of Chairperson and Co-Chair of the Committee

David Kurt, Children's Division Director

- Discussed the appointment of the Chairperson and the Co-Chair of the committee.
- Requested nominations for the Chairperson and Co-Chair.
- Nick Mebruer nominated Dr. Maya Moody from the Center of Excellence.
- Overview of responsibilities of the Chairperson provided.
- The committee will setup responsibilities for the members.
- Annika James and Dustin Cash nominated themselves as Co-Chair.
- Dr. Laine Young-Walker was been nominated for Co-Chair by Dr. Mark Roaseau.
- Chairperson and Co-Chair nominations will be taken back to the Acting Director of the Department of Social Services for final appointment

Summary of Psychotropic Medication Advisory Committee Duties

Stacie Frueh, Health Specialist Coordinator

- Psychotropic Medication Advisory Committee
 - Will meet at least quarterly
 - May appoint sub-committee and workgroups as committee deems appropriate
 - Create annual report of work and progress of how the Department is implementing goals
 Submit annual report to Director of DSS
 - Clinical Sub-Committee of the PMAC to develop Excessive Dosage Criteria
 - Clinical Sub-Committee shall include qualified psychiatrist, pharmacist or pharmacologist, representative of the State Wide Clinical Consultant, pediatrician and a licensed psychologist or other mental health provider with experience working with children and adolescents.
 - Clinical Sub-Committee shall review the Excessive Dosage Criteria at least annually.
 - Excessive Dosage Criteria utilized will be published on DSS and CD websites.
 - Excessive Dosage Criteria shall be implemented within 12 months of the effective date of this agreement.

2019-2020 Committee Schedule

Stacie Frueh, Health Specialist Coordinator

- Doodle Poll will be sent to committee members to arrange next meeting
- Committee suggested meeting more frequently (than quarterly) at this time

Open Discussion

Stacie Frueh, Health Specialist Coordinator

- Explanation of expense report recording
- Dr. Christopher Bellonci volunteered to be a member of the clinical sub-committee

Meeting Adjourned

Meeting was moved to adjourn at 11:58 AM.