

Psychotropic Medication Advisory Committee
Open Meeting Minutes
Teleconference (WebEx)
April 27, 2020
9:00 AM to 12:00 PM

Due to the impact of COVID-19 this was a teleconference meeting only

Committee Members

Judge Sue Crane (Chair)	Dr. Nathan Beucke	Nick Mebruer
Dr. Laine Young- Walker (Co-chair)	Connie Cahalan	Al Greimann
Dr. Mark Roaseau	Carrie Bolm	Sarah Willson
Dr. Patsy Carter	Jessica Haslag	Lisa Dyer
Dr. Maya Moody	Marlo Williams	A.G

Additional Psychotropic Medication Advisory Committee (PMAC) Meeting Participants

Stacie Frueh	Children's Division, Health Specialist Coordinator
Ellen Haynes	Children's Division, Special Counsel
Alyssa Bish	Children's Division, Operational Excellence Coordinator
Melissa Kenny	Children's Division, Health Specialist Unit Manager
Jill Pingel	Children's Division, Health Specialist Unit Manager
Brian Kinkade	Vice President of Children's Health and Medicaid Advocacy with the Missouri Hospital Association (MHA)
Robyn Wolfe	Director of Youth Development, The Community Partnership
Larry Smith	Children's Division, Program Development Specialist

1. Welcome

- Initial meeting began at 9:00 AM; however, there were technical difficulties with the WebEx.
- New WebEx access code was sent to PMAC members and participants.
- Request to update Open Notice with new WebEx access code was sent to State of Missouri Open Meeting website administrator.
- PMAC participant from CD contacted Sunshine Law representative to inquire if the PMAC meeting could proceed.
- PMAC participant from CD informed Chair that Sunshine Law representative indicated the PMAC meeting could proceed.
- PMAC participant from CD confirmed that the meetings Open Notice was updated to reflect the new Webex access code.
- Chair called the meeting to order at 9:25 AM.



PMAC Meeting
Sunshine Law Apprc

2. Agenda Review

A. Words from PMAC Chair

- Motion to approve the minutes from February 24, 2020. Seconded and approved.
- Clinical sub-committee Chair is not present at this time and will join the call later.

B. Clinical Sub-Committee – update regarding excessive dosage

- PMAC participant from CD shared the draft "PMAC Excessive Dosage Listing" chart and explained that the chart will be reviewed by the Health Information Specialist (HIS) staff to determine if the chart is in a usable format for CD.
- PMAC participant from CD informed members that the clinical sub-committee Chair has planned to provide a full presentation of the proposed "PMAC Excessive Dosage Listing" at the next PMAC meeting.
- The clinical sub-committee Chair joined the call and confirmed that the plan was to provide a full presentation of the proposed "PMAC Excessive Dosage Listing" at the next PMAC meeting.
- PMAC participant from CD informed Chair that the requirement of the Agreement was to develop "Excessive Dosage Criteria" guidelines for certain psychotropic medications.
- PMAC member from MHA asked if CD case manager would have contact with MHA to give informed consent based on the "PMAC Excessive Dosage Listing" chart.
- PMAC participant from CD indicated that HIS staff will have contact with CD staff and the Center for Excellence (CFE) for mandatory informed consent reviews.
- PMAC member from MHA expressed concern that the proposed process to obtain informed consent for a child in an inpatient status has several layers and may take too much time to get consent to administer a psychotropic medication.
- Another PMAC member from MHA suggested establishing a service for direct communication between the prescriber and the CFE representative regarding the review of psychotropic medications while the child was in inpatient care.
- PMAC participant from CD indicated HIS staff utilize the prescriber's notes for referrals to CFE.
- Another PMAC participant from CD asked CFE representative if direct communication with the prescriber would be possible.
- PMAC member from CFE indicated that a discussion on direct communication with the prescribers when a referral is received from CD for a child that is in inpatient status was a detailed discussion that could not be decided at the present meeting. A discussion with CD would need to be arranged to discuss this topic.
- PMAC member from MHA suggested a three-way conference call between the prescriber, CFE representative and CD case manager to discuss administration of psychotropic medication for a child in inpatient status.
- PMAC member from Department of Mental Health indicated that direct communication with the prescriber could help educate the prescriber regarding the prescription of psychotropic medication for a child in inpatient status.
- PMAC member from CD indicated that timeliness of the informed consent decision is a concern; however, per the Agreement, CD is responsible for the administration of psychotropic medication.
- Clinical sub-committee Chair requested clarification that the direct communication discussion pertained only to a child on inpatient status.
- PMAC member from MHA clarified that the direct communication discussion was for a child on inpatient status only.
- Clinical sub-committee Chair indicated that if there is a discussion regarding direct communication the reasons for direct communication need to be very clear to avoid unnecessary delays.



PMAC DOSAGE
LISTING WITH DETAI

C. Continued Informed Consent Discussion

- During the November 25, 2019 meeting the **Informed Consent – Children in Inpatient Hospitalization** was discussed.
- The topic was children who are admitted to inpatient hospitalization settings can sometimes demonstrate aggressive behaviors that potentially pose a threat to other patients and staff.

- There are medications which can be administered to decrease aggressive behaviors. The tension lies with the definition of emergency administration allowed by the settlement (PRN meds); hospital standards governing chemical restraint; and the accessibility of CD and parents to quickly make an informed consent decision.
- During the January 27, 2020 meeting MHA members provided a three page document and a description of each page to include:
 - Medication Informed Consent (Before and After) flowchart
 - Protocol definition
 - Medication Informed Consent with Protocol flowchart
- During the February 24, 2020 MHA members were scheduled for the next meeting to provide a draft protocol that includes psychotropic medications used and a plan to reduce and discontinue use of the medication.
- PMAC members from MHA indicated that the draft protocol was not ready for review at this time and due to other urgent commitments, were not sure when the protocol would be ready for presentation to the PMAC.
- PMAC members from MHA requested clarification and information regarding the administration of PRN medications for a child during an inpatient hospitalization and CD's Agreement/policy requirements.

3. Open Discussion

- During the meeting there was a general discussion on educating judges throughout the state about the administration of psychotropic medication to children in foster care and the Joint Settlement Agreement.
- PMAC member from CFE and PMAC participant from CD indicated they would work with a team to provide the training, if there was enough interest.
- PMAC Chair asked PMAC participant from CD if they could provide an update on Agreement projects during the next PMAC meeting.
- PMAC participant from CD indicated that Agreement updates could be provided.

4. Action Items

1. Chair requested an update from CD regarding CD's progress on Agreement related requirements.
2. Clinical sub-committee members will provide a full presentation of the "PMAC Excessive Dosage Guideline" chart at the next PMAC meeting and prepare the final.
3. If next PMAC is teleconference only, Chair requests that participants use video, as well as audio, if available.

5. Meeting Adjourned

Meeting was moved to adjourn at 10:27 A.M.

Dependent upon status of reopening from the pandemic, next meeting(s) may be held virtually. Meetings for 2020 are scheduled from 9:00 A.M. – 12:00 P.M., at Governor Office Building, 200 Madison St., Jefferson City, MO in Room 315 on:

May 25, 2020 – No Meeting State Holiday

June 22, 2020
September 28, 2020
December 28, 2020

July 27, 2020
October 26, 2020

August 24, 2020
November 23, 2020