

Mental Health Considerations

Please fill in the box next to the best answer. (Fill in only one box per question)

1. When parents are dedicated to a child, sticking with them no matter how difficult the journey, it is an example of which characteristic? (Choose one)
 - Adaptability
 - Flexibility
 - Committed
 - Realistic
2. When thinking about the mental health and behavior of children, it is important to keep in mind: (Choose one)
 - Loss, grief, and trauma can impact a child's behaviors.
 - All children who have been adopted or are in foster care have a mental health diagnosis.
 - Atypical behavior of children who have experienced loss and trauma is not likely to change.
 - It is abnormal for a child's life experiences to dramatically impact their behavior.
3. All of the following are benefits from learning the facts about a child's diagnosis, **EXCEPT**: (Choose one)
 - It helps you to advocate for the best type of services.
 - It helps you to understand what professionals on your team are talking about.
 - It helps you identify what behavioral approaches may work best.
 - It eliminates the need for ongoing treatment.
4. Which of the following is an example of an internalized behavior? (Choose one)
 - Frequent headaches and/or stomach aches
 - Fighting
 - Promiscuity
 - Hoarding property and/or food
5. Children who have experienced trauma may be affected in which of the following ways: (Choose one)
 - The child's ability to trust.

- The way a child may think and feel about relationships.
- How the child may interact with others.
- All of the above.